

APPLEBY COLLEGE MARCH BREAK CAMPS

EARLY DISCOVERY
CAMP
(AGES 4-7)



SPORTS &
ADVENTURE CAMP
(AGES 7-14)



ARTS & MEDIA
CAMP
(AGES 7-14)



SCIENCE &
SUCCESS CAMP
(AGES 7-14)



HOCKEY
CAMP
(JR. 7-10 / SR. 10-15)

March Break Camp Guide for Parents & Guardians

Welcome to Appleby College Camps! We have a jam-packed week full of fun games and activities to keep campers busy over the break. Whether it is a time to explore underwater in our pool, or to learn a new science experiment or have fun with friends, thank you for registering to have some exciting times with our expert, caring staff! Please use this quick –guide as a reference to help plan your campers’ week. If you have any questions, please call or email!

WHAT TO PACK FOR CAMP (please label clearly with camper’s name):

- ☀ Bathing suit and towel
- ☀ Dress appropriately for the weather for both outdoor and indoor games (layers recommended)
- ☀ Coats, boots, hats, mitts if needed
- ☀ Indoor running shoes
- ☀ Re-fillable water bottle
- ☀ A small (nut free) snack or fruit for nutrition breaks (lunch is provided for all campers).
- ☀ Recommended for Early Discovery Campers (ages 4 – 7):
 - Spare change of clothes
 - Proper-fit personal life jacket if needed for recreation swim time



Make Lost and Found a Thing of the Past - Appleby Camps has partnered with Lovable Labels to assist you with labelling everything from your camper's shoes and clothes to their lunchbox and water bottles! Click on this link and help us make Lost and Found ancient history!

www.ACC.lovablelabels.ca

TO CHECK IN ON THE FIRST DAY OF CAMP

Check-in will run from 8:15 a.m. to 8:45 a.m. during the Monday of March Break Camp.

- **Ages 4 – 7: Discovery Campers** and Parents/Guardians will check-in in the auditorium in our new A.W.B. Alumni Centre for Athletics and Student Life (AWB) Please see map attached, and there will be signs to direct you.
- **Ages 7 – 14: Arts & Media, Science & Success and Sports & Adventure Campers** and Parents/Guardians will check-in in the double gymnasium in our new A.W.B. Alumni Centre for Athletics and Student Life (AWB). Please see map attached and there will be signs to direct you.
- If your child is registered for our **Before Care Program**, our staff will be ready at 7:30 a.m. to meet registered campers in the double gym in the new A.W.B. Alumni Centre for Athletics and Student Life (AWB). Please see map attached and there will be signs to direct you.
- **Hockey Camp (ages 7-14):** Campers and Parents/Guardians will check-in at the J.S. Gairdner Arena. Please see map attached.

Parents/Guardians should bring their camper to the designated drop off area (see above) where our Head Instructors will check in your camper(s). Instructors will verify all those authorized to pick-up your child from camp. With parent/guardian permission campers aged 10-14 years are able to sign themselves out of camp, and campers ages 12 and older can sign out younger siblings.

APPLEBY COLLEGE CAMPS

540 Lakeshore Road West, Oakville, Ontario L6K 3P1

Phone: 905-845-4681 ext. 113 Fax: 905-845-0617 Email: camps@appleby.on.ca

Web: www.appleby.on.ca/camps

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ARRIVAL PROCEDURES (Tuesday-Friday)

On subsequent days, all campers should be dropped off between 8:30 a.m. – 9:00 a.m.

- **Discovery Campers (ages 4-7)** will check-in daily in Baillie House (see map)
- Campers ages 7-14 registered for:
 - **Sports & Adventure** will check-in daily in front of the new AWB (see map)
 - **Science & Success and Arts & Media** will check -in daily in front of the Nicholas Arts Centre (see map)
- **Hockey Camp** will check-in daily at the J.S. Gairdner Arena (see map) **at 8:30 a.m.**

Late Arrivals (After 9:10 am) Campers arriving after 9:10 a.m. must be brought to the Camp office, located in the new AWB Alumni Centre, rooms 117 & 118 (behind the Campus Room fireplace). Campers will be signed in and a Camp Staff will escort the camper to his/her camp program.

Before Camp Care: If camper(s) are registered for extended care, drop-off your camper(s) in the double gym of the new AWB Alumni Centre between 7:30 a.m. – 9:00 a.m. for before camp care with our amazing instructors.

DEPARTURES:

All campers will be picked up between 3:30 p.m. – 4:00 p.m.

- **Discovery Campers (ages 4-7)** will be picked up in Baillie House (see map)
- Campers ages 7-14 registered for:
 - **Sports & Adventure** will be picked up in front of the new AWB (see map)
 - **Science & Success and Arts & Media** will be picked up in front of the Nicholas Arts Centre (see map)
- **Hockey Camp** will be picked up daily at the J.S. Gairdner Arena (see map)

☀ **For the Safety of your child, only those on the Authorized pick-up list (indicated when you registered your camper) will be permitted to pick-up your child from camp.** If you would like to authorize another adult to pick up your child, or to give your child permission to leave camp by themselves, please inform the head instructor/camp director on the first morning of camp, or send an email to camps@appleby.on.ca or call (905)845-4681, ext. 113. **Every camper must be checked out through Appleby Camp Instructors to ensure security. Please establish very clearly with your child exactly who will be taking him/her home, and the time expected.**

Early Pick-Up: If campers are being picked up early (before 3:30 pm) from camp, the Head Instructor must be notified by signed note, email, or by phone. Email camps@appleby.on.ca or call (905)845-4681, ext. 113.

Late Pick- Up: If you will be unavoidably late picking up your camper, please Email camps@appleby.on.ca or call (905)845-4681, ext. 113. Campers who have not been picked up by 4:00 p.m. will be brought to the double gym in the AWB Alumni Centre where they will join in with our After Camp Care group. Late fees will apply.

After Camp Care: If campers are registered for extended care, at 3:30 p.m. when their camp program is complete instructors will escort them to the fully supervised activities in the gymnasium. Snack is also provided and fun caring staff will ensure that your camper has fun until pick-up (latest 6:00 p.m.) daily.

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DROP-OFF AND PICK-UP TIMES

	Drop Off Time	Program Begins	Program Ends	Pick-Up Time
Discovery, Arts, Science & Sports Programs	8:30-9:00 a.m.	9:00 a.m.	3:30 p.m.	3:30 – 4:00 p.m.
Hockey Camp	8:30 a.m.	8:30 a.m.	3:30 p.m.	3:30 – 4:00 p.m.

ILLNESS/ABSENT

If your child is not going to attend for a day, we appreciate being notified as early as possible either by phone or email. Please call the camp office by 8:30 a.m. at 905-845-4681, ext. 113 or email camps@appleby.on.ca. In case of an emergency, you may call Appleby's Main Reception at 905-845-4681, ext. 200 between 9 a.m. and 4 p.m.. Refunds or credits are not provided for any missed days.

HEALTH INFORMATION

- ☀ Medication must be clearly labelled and brought to Camp in the original labelled container. Please carefully detail the medication schedule and communicate with Head Instructor who will hold on to and dispense medication at the requested time.
- ☀ Camp staff hold a current First Aid certificate. If your child is too ill to participate or is exhibiting contagious symptoms, a parent or guardian will be contacted.
- ☀ Epi-Pens - If your child requires an Epi-Pen you MUST indicate this on their medical form and complete an Anaphylactic Allergy Emergency Action Plan form in your online account. The Head Instructor will review this information with you on Monday morning at drop off. Any child that requires an Epi-Pen for an allergic reaction MUST carry it on them at all times in a fanny pack/belt. All staff are trained on how to use an Epi-Pen if needed.
- ☀ If your child/camper's health has changed significantly since application to camp was submitted, please notify the camp office.
- ☀ **COVID-19 virus:** We encourage all families who are planning on traveling or have a trip already booked prior to our March Break Camp (March 16-20, 2020), to check the Government of Canada's travel health advisory (<https://travel.gc.ca/travelling/advisories>) for the most updated information on higher risk countries and to plan accordingly. If you have, or plan to, travel to any of the high risk infected areas, please contact the Appleby College Camp Office (905-845-4681 ext. 113) and follow the guidelines from [Halton Region Public Health](#).
- ☀ **We also ask as a courtesy to the other campers, that should your child have any of the following symptoms; runny nose, cough or fever that they stay at home and not attend camps. This will help to ensure everyone has a happy, fun and healthy March Break!**
- ☀ If you have any further questions or concerns please contact the camp office

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LUNCHESES

A hot lunch, with water, is provided each day for all campers. We suggest that campers bring a piece of fruit, or other nutritious snack for both mid-morning and mid-afternoon breaks. Considering the active day in store for them, everyone should have a sound breakfast. To respect children who may have allergies, please do not include snack foods that contain peanut butter or peanut oils, or any nut product. Please note that Appleby College cannot guarantee an allergy-free environment. There is appropriate signage where food may contain nut ingredients. All campers must be able to identify their own allergies and carry the needed medication for treatment.

SWIMMING & LIFE JACKETS FOR WATER PROGRAMS

All March Break Camp Programs include recreational swimming time in our indoor pool, monitored by our National Life Saving Society certified lifeguards. At the start of the week your child will be assessed on his/her abilities in the pool so that all lifeguards and instructors are aware of campers' comfort level and ability in the pool. Swimming is not instructional so parents/guardians who feel that their young camper might need assistance must send a proper fitting life jacket or floatation device so that they can enjoy this wonderful activity in the water. Please pack a bathing suit, towel and life jacket (if needed) clearly labelled with camper's name. If your child is a non-swimmer, he/she should advise the instructor and not take part and an alternate activity is scheduled during pool time.

BEHAVIOUR

In all programs at Appleby College Camps, the acquisition of skills and high-quality experiences are important. As such, we expect each camper to learn, and to have fun. Along with the teaching of skills, we will also teach and expect demonstration in sportsmanship, co-operation, respect for peers, for adults, and respect for instruction.

- ☀️ **Conduct:** Campers are expected to demonstrate basic respect for the dignity and rights of others. The Director reserves the right to implement an established process and/or suspend and/or terminate the stay of any camper, without refund, who violates the camper Code of Conduct based on the following guidelines: zero tolerance of physical or psychological abuse/bullying; lack of respect for camp property and the property of others; behaviour that requires supervision beyond a reasonable level or behaviour deemed inappropriate by Appleby College Camp staff.
- ☀️ Please remember that the rules and regulations exist to enable the summer camps to run smoothly and create a safe and enjoyable environment for your child and all campers.

More Resources

- ☀️ [FAQ's](#)
- ☀️ [Photo Gallery](#)

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